



Guidance document for processing PM-JAY

Package

Medical/Neuro rehabilitation

Procedures covered: 1

Specialty: General Medicine, Pediatric Medical Management

Package name	Procedure name	HBP 2022 Code	Package price (INR)
Medical/Neuro rehabilitation	Comprehensive medical rehabilitation for spinal injury/ traumatic brain injury, CVA, Cerebral palsy with or without orthosis	MG0120A	Rs 28800

ALOS (days): 14 Days

Minimum qualification of the treating doctor:

Essential: MBBS, BPT, BOT (Under supervision of Physical Medicine & Rehabilitation specialist)

Desirable: MD/DNB (General Medicine, Pediatric Medicine, Physical Medicine & Rehabilitation), DM/DNB (Neurology)

Special empanelment criteria/linkage to empanelment module: None

Disclaimer:

For monitoring and administering the claim management process of **Comprehensive medical rehabilitation for spinal injury/ traumatic brain injury, CVA, Cerebral palsy with or without orthosis** for NHA shall be following these guidelines. This document has been prepared for guidance of PROCESSING TEAM and TRANSACTION MANAGEMENT SYSTEM of AB PM-JAY for the claims of procedures mentioned above. The hospitals can also refer to this document so that they have the insight on how the claims will be processed. However, this document doesn't provide any guidance on clinical and therapeutic management of patient. In that respect the hospitals and physicians may refer to any other relevant material as per the extant professional norms.

PART I: GUIDELINES FOR CLINICIANS AND HEALTHCARE PROVIDERS



Objective:

The purpose of this section is to act as a guidance & a clinical decision support tool for the clinicians in deciding the line of treatment, plan clinical management of patient and decide referral of cases to the appropriate level of care (as required) for treatment of patients under PMJAY and selection of corresponding Health Benefit Package.

It will also serve as a tool for hospitals to determine and submit the mandatory documents required for claiming reimbursement of health benefit package under PMJAY.

Clinical key pointers: Rehabilitation is defined as “a set of interventions designed to optimize functioning and reduce disability in individuals with health conditions in interaction with their environment. Rehabilitation is an essential part of universal health coverage along with promotion of good health, prevention of disease, treatment and palliative care. Rehabilitation helps a child, adult or older person to be as independent as possible in everyday activities and enables participation in education, work, recreation and meaningful life roles such as taking care of family.

Medical rehabilitation for spinal injury: After a spinal cord injury, need spinal cord injury rehabilitation to optimize recovery and perhaps adapt to a new way of life. The following rehabilitations which are commonly used in the case of spinal injury:

- Provide emotional support
- Improve physical, mental and emotional functioning
- Provide spinal cord injury-specific education and resources
- Spasticity management
- Upper extremity functional restoration
- Locomotor training
- Functional electrical stimulation
- Neurogenic bladder and bowel management
- Patient and family support and peer mentoring
- Comprehensive patient and family education



Medical rehabilitation for traumatic brain injury/Cerebral palsy with or without orthosis:

- Patient counselling by Psychologist
- Physical therapy
- Occupational therapy
- Speech & language therapy
- Recreation therapy

Medical rehabilitation for CVA:

- Motor-skill exercises
- Mobility training
- Constraint-induced therapy
- Range-of-motion therapy
- Functional electrical stimulation
- Therapy for cognitive disorders.
- Therapy for communication disorders
- Noninvasive brain stimulation
- Social skill training
- Psychotherapy



Mandatory documents- For healthcare providers

Following documents should be uploaded by the concerned hospital staff at the time of pre-authorization and claims submission:

Mandatory document	Comprehensive medical rehabilitation for spinal injury/ traumatic brain injury, CVA, Cerebral palsy with or without orthosis
i. At the time of Pre-authorization (PPD)	
Clinical Notes including evaluation findings and planned line of treatment	Yes
X-Ray/CT/MRI	Yes
Details past history & past treatment records after injury	Yes
ii. At the time of claim submission (CPD)	
Indoor case papers with treatment given details	Yes
Discharge summary	Yes

PART II: GUIDELINES FOR TRANSACTION MANAGEMENT SYSTEM (TMS)

Objective: To enable setting up of cross check mechanisms/rule engines within the IT platform (TMS) to ensure compliance with STGs and to prevent fraud / abuse of the Health Benefit Package.

Below mentioned are the scenarios where a provision would be built in TMS for pop-ups:

- I. Does past history of patient & diagnostic report suggestive of rehabilitation treatment?
Yes/No

Till the time the functionality is being developed, the processing doctors shall check the above manually.

References:



1. Spinal cord injury information page. National Institute of Neurological Disorders and Stroke.
<https://www.ninds.nih.gov/Disorders/All-Disorders/Spinal-Cord-Injury-Information-Page>. Accessed 10.08.22.
2. Brain Injury Association of America. (n.d.). Guiding principles when selecting a brain injury rehabilitation program.
3. Jankovic J, et al., eds. Neurological rehabilitation. In: Bradley and Daroff's Neurology in Clinical Practice. 8th ed. Elsevier; 2022.
3. National Institute of Neurological Disorders and Stroke (NINDS). (2019). *Muscular dystrophy information page*. Retrieved from <https://www.ninds.nih.gov/Disorders/All-Disorders/Muscular-Dystrophy-Information-Page>
4. <https://www.en1neuro.com/services/intellectual-disability-treatment/>